



## **New Lions Position Available**

As a result of the election held in Bangkok, there is a new position available to qualified Lions. Second Vice District Governor is now an official cabinet seat. An individual will have to be qualified to be Vice District Governor (see the by laws). They will have to have the endorsement of their club and zone to run for the position to be elected at the spring conference. This is a separate position, which means if there are two people running for Vice District Governor the loser will **not** be automatically become Second Vice District Governor. They will not automatically become Vice District Governor; they will have to run for that position the following year, if they **want** to become Vice District Governor.

This may be confusing to you; it was to me at first. The advantages are great. If you are unsure if you want to become Vice District Governor or District Governor, you will have the opportunity to 'try on' the duties.

You will be invited to all the training sessions. You will be meeting lots of Lions you would not normally get to know.

There are no reimbursements for either Vice District Governor or 2<sup>nd</sup> Vice District Governor. But the training is worth the expenses, in my opinion.

For both Vice District Governor and 2<sup>nd</sup> Vice District Governor the deadline is December 30<sup>th</sup> of each year to get your paperwork into MD19.

If you'd like more information, call 509-830-1068 or e-mail me at toast\_39@yahoo.com

### **Diabetes Report –PZC Julia Hart, District F Diabetes Chairperson**

Lions International and MD19 encourages us to participate in Diabetes awareness programs. As we know severe diabetes and even moderate cases of diabetes Type 2 ( the kind which persons usually get as adults) can lead to a variety of illnesses such as heart disease, stroke, and blindness, for example.

For our clubs we can call upon local Diabetes programs offered by local hospitals or we can go on line and access the American Diabetes Association website at <[www.diabetes.org](http://www.diabetes.org)>. The website offers a variety of online materials which can help your clubs develop their own diabetes awareness programs. I suggest you access the MD19 website for information about Strides, a dual program of diabetes awareness and fundraising for the diabetes cause.

I encourage all to find out your diabetes risk and then learn how to manage it for a healthy life.

### **Training-PDG Paul Kauzlarich19F District Leadership Chairman**

We did not meet our goal of training 50% of the club Presidents and Secretaries. We gave it a good try. I am still willing to travel to any club or group that would like officer training. We learned a lot about training officers this year. We received a lot of comments and suggestions for next year. I will pass those on to you if you wish. Just let me know.

Thanks to all of you who helped to get this training to the new officers. Let's hope we see the results in the next few months.

### **Northwest Lions Foundation for Sight & Hearing- PZC Marge Shepherd, District F Trustee**

The last report received indicates that Lions of Multiple District 19 are on target and should have no trouble meeting the White Cane Days goal of \$250,000. More importantly, The Clubs in District F have done a fantastic job with over 80% club participation and have sent in over \$27,000.

Some Zones are only 1 club away from being 100% supporters of WCD. I hope each Club President will check to see if their collected funds have been sent in and if not will send it ASAP. Some other exciting statistics— Most clubs have met or exceeded the 10% challenge issued and donations were received from clubs who had not been involved for several years. Congratulations to the White Cane Day Chairs in each Club. Proper preparation pays big dividends and everyone wins... REMEMBER- The Foundation has moved into their new home at Alley 24 so there is a new mailing address NWLFSH 221 Yale Ave. N. STE 450. Seattle, WA. 98109-5460. Be sure your check is marked WCD to get the proper credit. Thank you Lions for doing such a great job.

District Governor Melba has asked each of the Cabinet Chairpersons to set some goals for the year that will make a Positive Change in the communities We Serve and to develop plans to be successful in reaching those goals.

My goals are:

1. Provide more informational tools that will help explain all the Sight & Hearing Programs of the Foundation.
2. Encourage all District F Clubs to participate in the Foundations two major fund raisers- White Cane Days and Play It by Ear.
  - a.) White Cane Days—To have 60% of District F Clubs be 100% supporters with increased donations of 10%.
  - b.) Play It By Ear (PIBE) Provide a better understanding of this fund raiser and encourage each Zone to have 75% of their Clubs plan an activity for PIBE. October & November are the designated months but all clubs have the flexibility to choose the best time for their community.
3. Help more clubs schedule the Lions health Screening Unit—Remember we only have it in our District April 1<sup>st</sup> through October 31<sup>st</sup> The dates for school screenings fill up quickly so the sooner you decide the better chance you have of getting the date you want.
4. Plan a trip for Lions of District F to visit the Foundation's new offices in Seattle.

My plans for reaching the goals:

**I CAN'T DO IT ALONE BUT LIONS TEAMWORK WILL MAKE IT HAPPEN!**

1. Education and Information for all Clubs by compiling a packet of brochures, forms for all the programs and assistance the Foundation makes available, materials with information about cornea transplants, How to Become a Donor, Hearing Aids, Sight Life and Audient. These have been made available to the Zone Chairs and I am willing to provide the same information to any Club President. I would like to have a few minutes at one of the Zone meetings held in each Zone. Also will be available for programs at the club level,
2. For the fund Raisers - Clubs will receive resource books from the Foundation Staff., followed by personal contact prior to the actual dates. Reminders in the DG's newsletter, the Zone newsletters and e mails to the Committee Chairs if their names are available.
3. PLAY IT BY EAR--- Spend more time explaining this project. Participation hasn't been at the level of Golden Ear Days. It's just a NEW NAME for an OLD PROJECT.
4. Health Screening Unit- Start now with reminders, send forms or provide some scheduling help with other clubs in the same Zone or general location.
5. THE TRIP—Get some cost figures and send out survey to see how many would be interested. A trip perhaps in mid- April. Give some thought to whether you think we can put it together.

A final thought--- Helping the World to See and Hear is what YOUR Foundation is all about. There are people in all our communities who need our help. As Lions. we give of our time, our talents and our money as we continue to serve in ways that make a difference, one person at a time. Thank You Lions for everything you have done, for what you are doing today and for what you will continue to do in the days to come.

### **DG Monthly Newsletter**

Presidents and secretaries we are trying to get the newsletter out to as many Lions as possible, will you please check with your club members and if they would like to receive District F news and notices they can send their email address to: Bulletin Editor PZC Betty Holway at [bettyboopspecial@amerion.com](mailto:bettyboopspecial@amerion.com).

The newsletter will be sent to Presidents only, if there is no email address listed for officers on the Officer Report Form that has been received by the District Governor.

The newsletter will be published the 20<sup>th</sup> of each month, so if you have club or zone information that you would like to have everyone know about, please send information to the Bulletin Editor by the 15<sup>th</sup> of each month.

### **CALENDAR OF EVENTS**

Sept.1 Labor Day

Oct. 3-4 MD 19 Fall Forum, Osoyoos, BC, Canada, Registration forms are available

### **DISTRICT GOVERNOR VISITATIONS**

August 26 - Ellensburg Lions

September 2 - Chinook Pass Lions

September 3 - Garfield Lions

September 4 - Grangeville Lions

September 8 - Kahlotus Lions

September 9 - Prescott Lions

September 10 - Dayton Lions

September 11 - Nezperce Lions

September 16 - Toppenish Lions

September 17 - Potlatch Lions

September 18 - Timberline Lions

September 20 - Zone F-5 Meeting-Lewiston Lions Clubhouse

## 2008-009 DISTRICT F CABINET

|                                 | Residence Phone | Cell Phone   | E-Mail Address                  |
|---------------------------------|-----------------|--------------|---------------------------------|
| DG MELBA FUJIURA                | 509 839-2574    | 509 830-1068 | toast_39@yahoo.com              |
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| F-1 DAVID HEATH                 | 509 925-1944    | 509 961-6312 | dabid@fairpoint.net             |
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| F-8                             |                 |              |                                 |

### COMMITTEE CHAIRPERSONS

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| Contest & Awards                       | PZC Tom Saylor III<br>208 835-4225  | tom@technology-svcs.com      |
| Diabetes Awareness                     | PZC Julia Hart<br>509 837-3893      | julia4schools@yahoo.com      |
| Environment                            | PZC Michael Wheeler<br>509 547-8597 | lionmikew@clearwire.net      |
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| LEM/PRR TEAM VDG Kay Metz, Facilitator |                                     |                              |
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| Extension                              |                                     |                              |
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| Youth Exchange                         | PZC Mary Ketchersid<br>509 547-9932 |                              |
| Youth Outreach/Peace Poster            |                                     |                              |

**District Web Page: [www.lionsdistrict19f.org](http://www.lionsdistrict19f.org)**

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