



## **LEADERSHIP OPPORTUNITY**

The Lions in District F has the unique opportunity to attend Leadership 101 to be held Friday, March 20, 2008 at the District conference in Yakima. This is a mini-version of the classes offered at the Northwest Lions Leadership Institute. It covers meeting management, conflict resolution, public speaking, and much more. This class will start at 8:00 a.m. to 5:00 p.m. lunch will be included as well as materials. Cost is only \$35.00. Non-Lions are welcome! Pre-planning is important to the success of this program. Deadline to sign up is December 1, 2008. Contact PDG Paul Kauzlarich at [pkauz@aol.com](mailto:pkauz@aol.com) or DG Melba Fujiura at [toast\\_39@yahoo.com](mailto:toast_39@yahoo.com) We need at least 15 students.

### **LEADER DOG-PDG Carol Whitman, Chairman**

Last year I wanted to set a goal for \$5,000.00 for our District. We surpassed that goal. We donated a total of \$5521.27. So far this year, the clubs have been very receptive with donations towards the Leader Dog Program. District Governor Melba has been passing the dog dish and it has been returned to her with your donations.

This year I would like to set a goal of \$6,000.00 total. So far an estimate of donations we have collected is approximately \$812. We would like to surpass this amount. I urgently ask all of the clubs in the District to not only fill the dish but to set an amount from their club budget this year to send to Leader Dogs.

The year 2009 is the 70<sup>th</sup> year celebration for Leader Dogs for the Blind. They are offering a special award for those clubs who contribute \$70.00 more than they did last year. In doing so, you will receive a special 70 pin and also a patch for your club banner. Two clubs have already qualified for the 70/70 program. They are also providing a special patch for those clubs who contribute \$250.00 or more to the program. The 70 pin and patch is unique in that it will no longer be available after June 30, 2009. If you need to know how much your club contributed total for last year, please feel free to notify me by email or phone and I can give you the amount so if you choose to receive this very special 70<sup>th</sup> award, I can help you out with the amount you will need to come up with for a donation.

This year, Leader Dogs and Lions are coming together in "Growing the Dream". We would like to insure that millions of people out there that are visually impaired, blind, blind and deaf can receive the quality of life that they deserve. These dogs and other programs that Leader Dog offers can give the visually impaired freedom to do almost anything they wish to do in their life. To be able to give that kind of gift is something we need to think about. The freedom to come and go as they wish, to continue work, to shop, to feel a freedom of despair of being totally lost and unable to do things that they were unable to do before receiving assistance from such a wonderful program that Leader Dogs have to offer.

I am still available for a presentation to your club as a program. All you have to do is call me or email me and set it up. I will need a DVD player and screen to show you the special video. You can email me at [cawhitman@pullman.com](mailto:cawhitman@pullman.com) or phone me at 509-332-2341.

### **LEADERSHIP-PDG Paul Kauzlarich, District Leadership Chair [pkauz@aol.com](mailto:pkauz@aol.com)**

Has your club made plans to send a future leader of your club to the Northwest Lions Leadership Institute? The Lions Leadership Institute is open to all Lions who have an interest in becoming better leaders. The Leadership curriculum is set up to not only help you with Lionism but also, your job and every day life. Please encourage a future leader of your club to attend this great institute. The Northwest Lions Leadership Institute is scheduled for February 5-8, 2009 in Lake Oswego, Oregon. Cost is only \$290 and that includes course materials, 7 meals and accommodation for 3 nights. Scholarships are available to help pay the cost of the institute. You can get an application or more information by emailing PDG Lion John Bergvall at [johnbergvall@comcast.net](mailto:johnbergvall@comcast.net) or going on the MD19 web site. This program is on a first come basis; so get your application in early.

Do not miss this opportunity to provide leadership to a club member, your club and your community.

**MARTY'S PR MOMENTS- Marty Close, District PR Chairperson [mclose@nwinfo.net](mailto:mclose@nwinfo.net)**

Club Presidents and Secretaries...

Your club has a great opportunity to spread public relations over your community and to get new members by doing one simple little task.

Have you ever thought about giving out SMALL welcome gift bags to new people coming into your community? The bags could have items such as fruit, candy, wine, candles, plant, flowers, vegetables from your garden or any other items that your club sees fit to welcome people to your community.

OF COURSE INCLUDED IN THE GIFT BAG IS AN INFORMATION FLIER ABOUT YOUR LIONS CLUB, AN APPLICATION, AND A PERSON AND NUMBER TO CALL FOR MORE INFORMATION ABOUT YOUR CLUB. THE BAG SHOULD INCLUDE A NOTE STATING COMPLIMENTS OF THE \_\_\_\_\_ LIONS CLUB AND WELCOME TO OUR COMMUNITY.

I challenge your club to do this for three months. Give me a call if this does not generate new members and increase public relations about Lionism in your community.

**DIABETES AWARENES-PZC Julia Hart, Diabetes Chairperson**

**DID YOU KNOW... that every 10 seconds two people in the world develop diabetes?**

Diabetes is growing global epidemic affecting 246 million and *diabetic retinopathy* is the leading cause of vision loss in adults of working age in industrialized countries, according to Marilee Kadar, Manager and Debbie O'Malley, Coordinator of the Health & Children's Services Department at Lions Clubs International.

**In November, Lions have two special opportunities to promote diabetes awareness:**

**November is Lions Diabetes Awareness Month**

**November 14<sup>th</sup> is World Diabetes Day**

Diabetes prevention is proven, possible and powerful. Eating healthier and getting 30 minutes of physical activity 5 days a week are two simple lifestyle changes that can delay or prevent diabetes (source: National Diabetes Education Program, 2008)

For more information about activities to commemorate Lions Diabetes Awareness month and the *Strides...Lions Walk for Diabetes Awareness Program*, click into:

[http://www.lionsclubs.org/EN/content/programs\\_diab\\_strides\\_walk.shtml](http://www.lionsclubs.org/EN/content/programs_diab_strides_walk.shtml)

You will find educational materials that you can download.

Find out more about World Diabetes Day at [www.worlddiabetesday.org](http://www.worlddiabetesday.org) or call Ph: 630-468-6867 or E-mail: [Programs@lionsclubs.org](mailto:Programs@lionsclubs.org)

I dedicate this article in memory of former District F Diabetes Chairman Terry Lowe, who recently passed.

**MD19 YOUTH EXCHANGE PROGRAM-PZC Mary Ketchersid, Chairman**

Enjoy a visitor from another country,

In our winter exchange, MD19 will be receiving youths from Australia and Peru. Frequently, these youths have never seen snow before, but they love the outdoors. Be part of the magic.

See our website [www.lionsyouthexchange.org](http://www.lionsyouthexchange.org) or contact me at 509-547-9932.

**Northwest Lions Foundation for Sight & Hearing-PZC Marge Shepherd, District F Trustee**

PLAY IT BY EAR—The fundraiser that helps finance the hearing programs of the Foundation. Formerly called GOLDEN EAR DAYS when Clubs passed out stickers and information usually held in the Fall. October has been designated as PIBE month with a budgeted goal of \$60,000. The most exciting thing about this fundraiser is that YOU get to develop the plan, set your own club goal, the place, the time, and invite YOUR community to participate. Most communities have some special event that would be a perfect

time to publicize all the wonderful programs available to them through the local Lions Club. So, if you haven't appointed a committee chair please do it today. As of mid October, \$7,000 has been collected for PIBE. Congratulations to the District F clubs who have held PIBE events & thanks for being so prompt in sending in the proceeds.

**LIONS HEALTH SCREENING UNIT** – If your club or Zone is interested in scheduling a visit from the LHSU during 2009, its time to make your request. Request forms **MUST** be received at the Foundation Office no later than November 30, 2008. Request packets have been mailed to LHSU chairs, Club Presidents/Secretaries. You can also go online to receive the information (visit [www.nlfoundation.org/lshu.cfm](http://www.nlfoundation.org/lshu.cfm)) You can make your request online. If requests are received after the 11/30/08 date and there are dates available. You may still be able to schedule if a cancellation occurs. Let Alex know you're interested if something is available she will put you on her list.

An important item to consider, when deciding to schedule the unit, is the possible increase of the fee to become effective in January 2009. Nothing definite yet but the increase shouldn't be more than \$50.00.

**SIGHTLIFE**—continues to set new and break previous records for cornea transplants. September 2008 was the best month ever with 315 corneas transplanted. The Custom Cornea Tissue program is a little slower with only 17 corneas processed for transplant but coming up is the two year mark for the femtosecond laser with a total of 376 tissues processed.

**LIONS INTERNATIONAL CONVENTION SEATTLE 2011** “In the summer of 2011, the Lions Clubs of MD 19 will be the proud hosts of the 94<sup>th</sup> Lions International Convention. There will be much work to be done by all MD19 Lions, Sight Life has awarded at \$200,000.00 start up grant to the Host Committee and will be the major sponsor of this Convention. The funding of the grant comes from the investment income of SightLife and will in no way jeopardize any of the Foundations Programs.

**LATEST REPORT FROM WHITE CANE DAYS-** The 2008 White Cane Days is officially over but I would ask one more time for Clubs who haven't sent in a check to please do it today. The targeted goal was \$260,000. To date receipts total \$228,000. If everyone gives a little, we can all help reach the goal. Extra thanks go to Clubs who gave this year for the first time in several years. Congratulations to the Zones who were 100% supporters of WCD 2008.

The **SIGHTLIFE** Fundraiser is December 6, 2008 Bell Harbor Convention Center, Seattle, WA.

**DON'T FORGET to PLAN, & PUT into ACTION YOUR PIBE FUN FUNDRAISER.** Drop me a line and let me know what you did and how it turned out.

**DON'T FORGET to MAKE YOUR REQUEST FOR THE LIONS HEALTH SCREENING UNIT before NOVEMBER 30, 2008.**

**DON'T FORGET to read *SIGHTS & SOUNDS*** It has some great stories telling about how you have helped others.

Zone Chairs and Club Presidents, I am available to attend your meetings and present information about the Foundation. Just give me a call at (509) 966-3927 or [lionsrus002@msn.com](mailto:lionsrus002@msn.com)

**THANK YOU** for being generous with your time in helping raise funds for the foundations Programs. You truly are helping the world to see and hear one person at a time.

### **LCIF-Lions Clubs International Foundation-Mahendra Amarasuriya, Chairperson**

Dear Fellow Lions,

I would like to provide you with an update on LCIF's response to the recent hurricanes. This summer there were a great number of hurricanes throughout the Caribbean and U.S. Gulf Coast. The destruction was significant, killing thousands and destroying properties across several countries and states from wind damage to flooding. Similar to past disasters, Lions and LCIF quickly responded to provide immediate relief items and help families to get back on their feet.

Hurricane Gustav caused \$20 billion in damage and caused great flooding damage in Mississippi, Louisiana and Texas, areas previously hard hit by Hurricane Katrina in 2005.

LCIF issued five Emergency grants to Lions districts in Mississippi and Louisiana, totaling \$50,000 in relief funds. Grants totaling \$15,000 were also awarded to Lions in the Dominican Republic and Mexico.

Hurricane Ike, the ninth hurricane of the summer, also hit the Gulf Coast of the U.S., making landfall in Texas and causing destruction along hundreds of miles of coastline. LCIF has issued five Emergency grants to districts in Texas and Louisiana, totaling \$50,000 for immediate needs.

LCIF has responded to a number of recent natural disasters around the world. Since July 1, LCIF has issued \$464,000 in Emergency grants. LCIF continues to be in touch with Lions in the affected areas to assess the situation and respond as needed.

Emergency grants and Major Catastrophe grants are funded through LCIF's general humanitarian fund. Donations to support these disasters and future disasters can be made online at [www.lcif.org/donate](http://www.lcif.org/donate) or by calling US +1 6304686774 Call. Contact LCIF by email at [lcif@lionsclubs.org](mailto:lcif@lionsclubs.org).

Thank you for your continued support and dedication to our Foundation. As members, we all belong to LCI, but LCIF belongs to us.  
Sincerely,

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**WEST VALLEY LIONS CLUB INVITES YOU**

You are invited to join the West Valley Lions for an evening of fun, hosted bar, good food and the chance to win \$6,000.00. Only 150 tickets are available. October 30, 2008, Yakima Convention Center 6:30 p.m. to 9:00 p.m. Call or e-mail PDG Bill Shepherd for more information. (509) 966-3927 or [lionsrus001@msn.com](mailto:lionsrus001@msn.com)

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**NACHES SUNSHINE LIONS CLUB INVITES YOU TO**

Turkey Bingo  
Saturday, November 8 2008 Starting at 6:00 p.m.  
Ending when we are out of turkeys or 9:00 p.m.  
In the *Naches Intermediate School Cafeteria*  
Refreshments will be available to purchase and POPCORN is free...  
Sponsored by: Naches Sunshine Lions  
If you have any questions please contact: TJ Mattingly 457-1371  
Everyone is invited to play...  
Come join us for an evening of fun and excitement. If you have never played  
Turkey Bingo,  
Come and give it a try. You'll be glad you did!  
Children 12 and under must be accompanied by an adult.

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**DISTRICT GOVERNORS' VISTITATION SCHEDULE**

**Oct. 21 Moscow**  
**Oct. 22 Odessa**

**Oct. 23 West Valley**  
**Oct. 30 Naches & Naches Sunshine**

**2008-009 DISTRICT F CABINET**

	<u>Residence Phone</u>	<u>Cell Phone</u>	<u>E-Mail Address</u>
DG MELBA FUJIURA	509 839-2574	509 830-1068	toast_39@yahoo.com
VDG Kay Metz	509 374-1875		vivakmetz@aol.com
<b><u>ZONE CHAIRPERSONS</u></b>			
F-1 DAVID HEATH	509 925-1944	509 961-6312	dabid@fairpoint.net
F-2 MARTHA CONRADT	509 984-4057	509 830-6455	mmconradt@embargmail.com
F-3 SCOTT R. WILLIAMS	509 240-1446		scottw1@windermere.com
F-4			
F-5 CHERI PRICE	208 877-1110	208 559-4562	n8iveidahoan@msn.com
F-6 SAM CLAYTON	509 547-0266		sjclayton@charter.net
F-7 PATRICK MERRY	509 338-5284		<u>patrick@merrycellars.com</u>
F-8			

**COMMITTEE CHAIRPERSONS**

	<u>Residence Phone</u>	<u>E-Mail Address</u>
Cabinet Secretary	Viva Metz	vivakmetz@aol.com
Budget/Finance	PDG Jon Whitman	jmwhitman@pullman.com
Bulletin	PZC Betty Holway	bettyboopspecial@amerion.com
Conference	PZC Rachel Toney	dtoney2@mindspring.com
Contest & Awards	PZC Tom Saylor III	tom@technology-svcs.com
Diabetes Awareness	PZC Julia Hart	julia4schools@yahoo.com
Environment	PZC Michael Wheeler	lionmikew@clearwire.net
Honorary	PDG Larry Carley	larbal63@dishmail.net
Information Technology	ZC David Heath	dabid@fairpoint.net
International Understanding	Todd Summers	toddsummers06@yahoo.com
LCIF/CARE	IPDG Jim Luper	jimluper@clearwire.net
Leader Dogs	PDG Carol Whitman	cawhitman@pullman.com
LEM/PRR TEAM VDG Kay Metz,	Facilitator	
Leadership	PDG Paul Kauzlarich	PKauz@aol.com
Extension		
Membership	PDG Marie Vogel	jrvogel@tds.net
Public Relations	PZC Marty Close	mclose@nwinform.net
Retention	PZC Rich Halverson	richhalverson55@msn.com
LEO	PZC Erma Kemp	JKemp7010@aol.com
LERC	PZC Lonnie Morgan	lonnieemorgan@gmail.com
Parliamentarian	PCC Jim Kemp	JKemp7010@aol.com
Training	PDG Paul Kauzlarich	PKauz@aol.com
Sight & Hearing	PZC Marge Shepherd	lionsrus002@msn.com
Youth Exchange	PZC Mary Ketchersid	
Youth Outreach/Peace Poster		

**District Web Page: [www.lionsdistrict19f.org](http://www.lionsdistrict19f.org)**

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